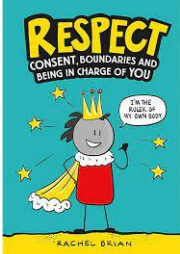
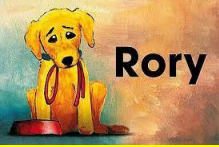


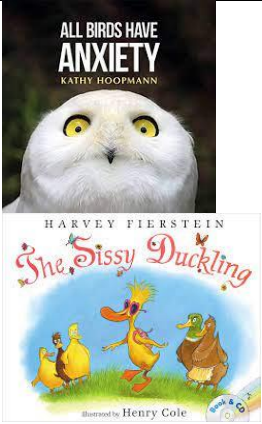

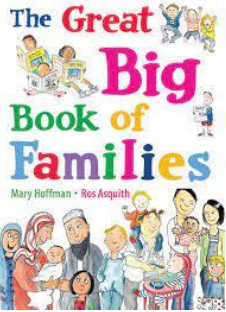
Curriculum Map PHSE and RSE

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Special Weeks (threads)	Black History month	Kindness week – with anti bullying week	Mental Health week – with links to grief and loneliness	Respect week – with links to consent		World Friendship week – with links to refugees Talent show/Carnival – Celebrating achievements
Charity		Children in Need	Sports relief or Red Nose Day	Denim for dementia		
Reception	<p style="text-align: center;">Prime Areas</p> <ul style="list-style-type: none"> • Communication and Language – Listening, attention, understanding and speaking • Personal Social and Emotional – self-regulate, managing self and building relationships <ul style="list-style-type: none"> • Physical <p style="text-align: center;">Specific Areas</p> <ul style="list-style-type: none"> • Understanding the World – cultures and communities <p style="text-align: center;">Expressive Art and Design = imaginative and expressive</p>					
Year 1	Identity and society and equality What makes you special Role and responsibilities Getting on with others	Keeping safe and managing risks Personal safety Who keeps us safe	Physical health and wellbeing: Fun times Food Playground games Sun-safety	Drugs, alcohol and tobacco What goes into the body and how it makes people feel	Mental Health Types of feelings and managing them Change and loss	Careers, financial capability and economic wellbeing where money comes from How to save Different jobs people do

Curriculum Map PHSE and RSE

Related books						
Mindmate	Recognise feelings	Recognise how others show feelings and know how to respond	New school/class Making new friends	Fair and unfair Right and wrong	Celebrating differences	Setting goals and targets
Year 2		<p>Keeping safe and managing risks</p> <ul style="list-style-type: none"> Road safety Fire safety Keeping safe outside 	<p>Mental Health</p> <ul style="list-style-type: none"> Special people Friendships and supporting others Problem solving 	<p>Drugs, alcohol and tobacco</p> <ul style="list-style-type: none"> Medicines Been safe around medicine Asthma <p>Physical health and wellbeing:</p> <p>Fun times</p> <ul style="list-style-type: none"> Eating well Being physical Basic hygiene 	<p>Sex and Relationship Education</p> <ul style="list-style-type: none"> Differences and similarities including biological. Understand that the creation of life needs a male and female. Name male and female sex parts. How the body changes from baby to adult. Caring for others. Can describes different types of families. 	


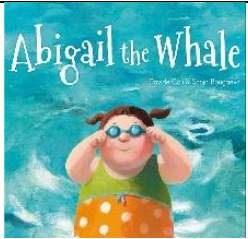
Curriculum Map PHSE and RSE

<p>Related books</p>						
<p>Mindmate</p>	<p>Celebrate strengths</p>	<p>Impact on behaviour on others</p>	<p>Loss</p>	<p>Comfortable and uncomfortable feelings</p>	<p>Empathy</p>	<p>Perseverance</p>
<p>Year 3</p>	<p>Identity and society and equality Similarities and differences between themselves and others Community and belonging</p>	<p>Keeping safe and managing risks Recognise bullying and types Witness bullying Fire safety Visitors</p>	<p>Mental Health Celebrating achievements Dealing with put-downs Positive strategies</p>	<p>Drugs, alcohol and tobacco Drug definition Smoking Asthma Physical health and wellbeing: Fun times Healthy food choices Branding and choices Challenges of keeping active</p>		<p>Careers, financial capability and economic wellbeing What influences peoples decision to save money How to keep track of your money The world of work</p>


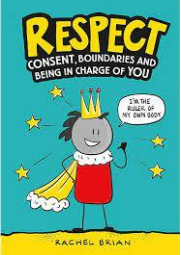
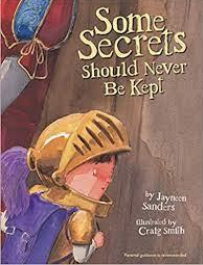
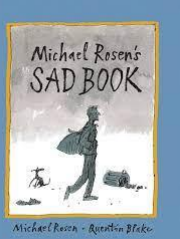

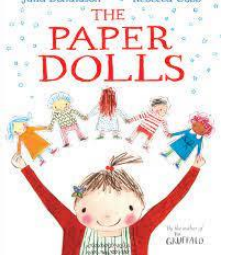

Curriculum Map PHSE and RSE

<p>Related books</p>			 			
<p>Mindmate</p>	<p>Goals and aspirations</p>	<p>Unkind behaviours</p>	<p>Life in KS2</p>	<p>Strong emotions including anger</p>	<p>Differing opinions</p>	<p>Dealing with difficult situations</p>
<p>Year 4</p>	<p>Identity and society and equality Britain as a democracy Laws and the local council</p>	<p>Keeping safe and managing risks Gaming online Road safety Emergency First aid</p>	<p>Physical health and wellbeing: Fun times Food choices – what to avoid, fair trade, farming... Playground games Sleep</p>	<p>Drugs, alcohol and tobacco Drugs Alcohol Patterns of behaviour Asthma</p>	<p>Sex and Relationship Education Changes in the life cycle. Puberty Describe menstruation and wet dreams. Understand the relationship between egg and sperm cells. Hygiene regarding puberty. Challenge gender stereotypes. Relationship changes. Using appropriate language and who to go to for support.</p>	


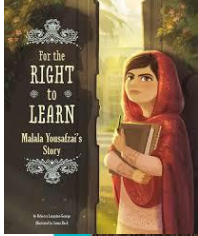
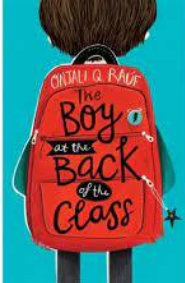
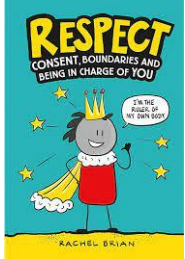
Curriculum Map PHSE and RSE

<p>Related books</p>						
<p>Mindmate</p>	<p>Feelings intensify</p>	<p>Skills to maintain positive relationships</p>	<p>Positive and negative effects on emotional wellbeing and mental health</p>	<p>Resisting pressure</p>	<p>Actions effect themselves and others</p>	<p>Coping with difficult situations</p>
<p>Year 5</p>	<p>Physical health and wellbeing: Fun times Food advertising Role models Media and manipulating images</p>	<p>Identity and society and equality Stereotyping, prejudice and discrimination Role models</p>	<p>Keeping safe and managing risks DV Missing from home Online safety - Grooming</p>	<p>Mental Health Expressing self Changes Loss, grief and bereavement</p>	<p>Drugs, alcohol and tobacco Drugs Smoking, cannabis and e-cigarettes Alcohol Peer pressure Consent</p>	<p>Careers, financial capability and economic wellbeing Borrowing money Enterprise Careers</p>

Curriculum Map PHSE and RSE

<p>Related books</p>			 	  		
<p>Mindmate</p>	<p>Self belief</p>	<p>Unhealthy friendships and relationships</p>	<p>Aspirations to manage change positively</p>	<p>Strong emotions and mental health</p>	<p>Stigma</p>	<p>Talking it through – Restorative justice</p>
<p>Year 6</p>	<p>Sex and Relationship Education Physical and emotional changes with puberty. Challenge stereotypes. Media and body confidence. Positive relationships. Different types of relationships. How babies are made.</p>	<p>Drugs, alcohol and tobacco Risks Legal and Illegal drugs Dside</p>	<p>Identity and society and equality Refugees Human rights Rights of a child homelessness</p>	<p>Mental Health Positive ways to deal with MH Looking after yourself Stigma and discrimination around MH</p>	<p>Keeping safe and managing risks Increased independency Peer pressure</p>	

Curriculum Map PHSE and RSE

	<p>Name body parts and cells using appropriate vocabulary. Understanding pregnancy and how long it takes. Skills needed to be a parent. Difficulties parents face.</p> <p>FGM</p>					<p>Anti social behaviour and consequences Online safety - Breck Bednar Reminder of FGM</p>
Related books				 		<p>Breck Bednar</p> 
Mindmate	Self-integrity	Celebrating friendships	Moving on	Happiness	Body image and social media	Winning – What does it take?

See RE Links page for links